

# February News

Nicolle Rockhold



Our Famous Artists unit was a big hit! We had fun recreating famous works of art and I enjoy hearing that the children are bringing home some of their new knowledge.

## February Learning Theme

### Healthy Hearts and Safe Bodies

Taking care of our bodies is important to our health. This includes eating well, getting plenty of sleep and exercise, and staying safe. We will be looking at the different food groups on the American, Canadian, French, Italian, and Japanese food pyramids. We will identify sources of food, and recognize, prepare, eat and discuss the value of healthy food. We will also talk about different ways to exercise and stay safe.

## February Dates

### Valentine Party

Tuesday, February 14<sup>th</sup>

## Looking to March

### Pajama Party

Thursday March 1<sup>st</sup>

### Kinder Konzert

Tuesday March 13<sup>th</sup>

### Conferences-Nicolle Rockhold's Classes Only

Monday March 19<sup>th</sup>

Friday March 23<sup>rd</sup>

### No School

March 28<sup>th</sup>-29<sup>th</sup>

April 3<sup>rd</sup>-5<sup>th</sup>

## Housekeeping

### Conferences

Due to my children's Spring Break schedule being different from mine, I will not be available to conference on the 28<sup>th</sup> and 29<sup>th</sup> of March. **I will be offering conferences on Monday March 19<sup>th</sup> and Friday March 23<sup>rd</sup> during the day.** Thank you for your understanding.

### Sharing

This month I would like the children to teach us something about staying healthy or being safe. In March I would like the children to teach us about the solar system.

### Letter of the Week

This month we will be looking at letters T, S, R and Z. We have been talking about using the dictionary to find words if they are having a hard time thinking of letter of the week words to bring to class.

### Reading

We are hoping to get all the way around the room with our reading chain. Please remember to bring the strips in so we can make our goal! Thank you!

### Valentine Party

We will be having a Valentine party on Tuesday, February 14<sup>th</sup>. The day will include fun activities and a Valentine exchange. The children will be making Valentine bags in class. Please have your child **address and sign** one valentine for each classmate and bring them to class the day of the party. A complete list of children in class can be found in your school directory.

### The Mail Bag

This month we will be working on our addresses and learning how to address and send mail. Kids love to receive mail! Please send a valentine (**via the postal service**) addressed to your child at Lake Harriet UM Preschool, 4901 Chowen, 55410. Once I have received a valentine for each child we will open them together in class. I am hoping to receive them for our party on the 14<sup>th</sup>. If this is not possible please let me know. The children do not know that they will be getting mail so please keep this a secret. Thank you!